

Online CPD Sexual Health Awareness

Course Code: CQ5OSHA

Level: E

Type: Part Time

Various - Various (VAR)

-

4 Hour(s)

Online

£ 30

Need to speak to us about a course?

01480 397197

trainingtalent@camre.ac.uk

Apply Here:

https://www.camre.ac.uk/course/pdf/CQ5OSHA/

About the course

Looking to increase your knowledge of sexual health by completing some sexual health studies? This course provides a wealth of information that will increase your understanding of sexual health issues. It is a great way to enhance your knowledge if you are looking to begin a career within this field or simply want to increase your awareness of the different types of STIs. Also explored are helpful guidance for maintaining positive intimate relationships and the mechanics of human reproduction.

Section 1: Relationships

In this section, you will cover what is meant by "friendships", "relationships" and "intimacy"; why people want close relationships; the different types of sexual health and relationship concerns; and the reasons why people may delay relationships.

Section 2: Sexually transmitted infections

You will study the different types of STIs, how they are transmitted, the possible consequences of not having chlamydia treated and where to obtain information, advice and treatment for sexually transmitted infections.

Section 3: Human reproduction

This section covers male and female reproductive organs, as well as what happens during the menstrual cycle.

Section 4: Contraception

You will look at the methods of contraception suitable for young people, their advantages and disadvantages and where they can be obtained. You will also cover important things to remember when using a condom and examples of where to look for information and advice about contraception.

Section 5: The media

In this section, you will learn about the ways in which society can respond to sexual health and relationship issues and will develop your knowledge of the portrayal of sex in the media.

The benefits of this course include:

Learn from your own home, in your own time
Access to award-winning learning and assessment materials.

Progression and career opportunities
Once you have completed this course, you could progress onto the following:

Level 2 Certificate In Counselling Skills
Certificate In Counselling Skills

Entry requirements
No entry requirements, students should have a basic level of English and the ambition to progress into further work or study.

Assessment

These auto-assessed courses are delivered wholly online, and you will receive a certificate upon completion.

Disclaimer

Whilst every effort is made to ensure the information is correct, some details may be subject to change. Cambridge Regional College reserves the right to make amendments to the courses, dates, fees or other details, and to make cancellations or changes if numbers are insufficient.