

Level 1 Introductory Diploma in Vocational Studies for Sport and Uniformed Public Services

Course Code: MD1DSAL
Level: 1
Type: Full Time

02/09/2027 - 23/06/2028 () Cambridge Campus
-
1 Year(s)

Need to speak to us about a course?

01223 226315
enquiry@camre.ac.uk

Apply Here:

https://www.camre.ac.uk/course/pdf/MD1DSAL/

About the course

The course is made up of the following units covering aspects of Uniformed Public Services, Sport Studies and Personal development: -

Module 1

- Being Organised.
- Developing a Personal Progression Plan.
- Planning and Navigating a Route.

Module 2

• Working with Others.
• Researching a Topic.
• Assisting in a Sports Activity.
• Taking Part in Fitness Testing.

Module 3

• Communicating with Customers.
• Playing Sport.
• Keeping Active and Healthy.

Compulsory residential activities to develop team work and practical skills are an integral part of the course. There is an additional cost to cover these trips, day trips, PT kits, travel costs associated with residential and guest speakers. This charge is paid at enrolment and is non-refundable. The Learner Support Fund is available and could help assist in paying towards these fees.

Employability skills gained on a Level 1 Vocational Studies course include:

• Developing a Personal Progression Plan
• Being Organised.
• Being able to plan and navigate a Route
• Being able to assist with the planning and leadership of leisure activities.
• The Importance of a Healthy Lifestyle.
• Able to Improve Own Fitness.
• Understand the positive effects regular exercise has on physical, mental and emotional well-being.

Progression and career opportunities

This course may allow you to progress on to studying for BTEC Level 2 First Extended Certificate in Sport or our BTEC Level 2 First Extended Certificate in Uniformed Public Services.

The course enables you to prepare for work or further study, will provide you with the learning opportunities and experiences to enhance your understanding by learning in, learning about, and learning through a variety of appropriate activities.

As part of your course, you may have the opportunity to play for one of our college teams. Currently we have teams that represent the college nationally in football, basketball, netball and rugby. We also attend the AOC Regional and National Championship where we sent representatives in over 10 different sports.

We also run a scholarship programme with Cambridge United for male and female football. Please see additional leaflet for more information to include the application process and trials.

Entry requirements

You will need 2 GCSEs at grade 2 (E) or above, general education and an active interest in either the Sport & Active Leisure Industry or Uniformed Services. Also, good attendance and conduct record and completion of a fitness test.

In addition to the entry qualifications listed, the offer of a place on the course is subject to the outcomes of initial assessment, which will be taken at the College as part of the admissions process. Please note that entry criteria may vary quite significantly between courses at the same level. This is to take account of the specific skills needed for success on particular courses, the length of the course and the requirements for progression to the next level. Entry criteria are given as a guide, and the exact requirements in order to obtain a place on a particular course will be confirmed following attendance at a Welcome Event/Interview.

Assessment

We want you to achieve to the very best of your ability at CRC. To make this happen we offer both learning and personal support by specialist staff tailored to meet your specific needs.

Each project, activity or assignment that you complete will be assessed. These assessments indicate your level of performance and contribute to your final grade. Assessment will be through practical and theoretical work. You will be required to build a portfolio of assignment work throughout the course which will be externally assessed.

You will be required to take part in weekly physical activity. You will also be assessed on your physical fitness four times a year. You must be willing to take part in all practical activities and assessments.

Finance and Funding

Up To and Including Level 2 Funding

This course is fully funded, free, for learners who are aged 19 and above and earn below £25,000, or below £30,491 and live in the Cambridgeshire and Peterborough Combined Authority area.

Disclaimer
Whilst every effort is made to ensure the information is correct, some details may be subject to change. Cambridge Regional College reserves the right to make amendments to the courses, dates, fees or other details, and to make cancellations or changes if numbers are insufficient.