

Introduction to Sport and Leisure Industries

Course Code: MP1FAISLI
Level: 1
Type: Full Time

02/09/2027 - 23/06/2028 (VAM) Cambridge Campus
-
1 Year(s)

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02/09/2027 - 23/06/2028 (VAM) Huntingdon Campus
-
1 Year(s)

Need to speak to us about a course?

01223 226315
enquiry@camre.ac.uk

Apply Here:

https://www.camre.ac.uk/course/pdf/MP1FAISLI/

About the course

The Introduction to Sports, Fitness and Active Leisure course within Supported Learning is designed for learners who are interested in developing their knowledge, skills and confidence within the sport, fitness and active leisure sector in a supportive learning environment. It is particularly suitable for:

• Young people with learning difficulties and/or disabilities who wish to develop vocational,

employability and independent living skills before progressing into further education, training, supported internships, supported employment or paid work.
• Young people who want to explore a range of sports, fitness and active leisure topics while developing communication, teamwork, resilience, confidence, literacy and numeracy skills.
• Young people who want to make informed choices about future career and learning goals within sport, fitness and active leisure.
• Young people interested in a career in sport and active leisure who are not yet ready to access a Level 1 qualification due to their additional needs, disabilities or support requirements.

Throughout the programme, learners will participate in practical sport and fitness activities, explore healthy lifestyles, and develop workplace skills through employability, English and maths being embedded into their lessons and a part of their timetable. Teaching takes place in small groups with support from specialist staff and Learning Support Mentors.

Head Of Department - (Huntingdon Campus) - Toni Harrison
EHCP Manager - Sharon Baldock

Progression and career opportunities
This course leads to a nationally recognised qualification awarded by Gateway Qualifications and provides learners with a broad introduction to the sport, fitness and active leisure sector. Students will finish with an Entry Level Award / Certificate in Sport, Fitness and Active Leisure (Entry 3). Throughout the programme, learners will develop underpinning vocational knowledge, practical sport and fitness skills, and a range of transferable employability skills including teamwork, communication, problem-solving, self-management and resilience. English and maths skills are embedded throughout the course to support future progression into further education, training and employment.

This course provides progression opportunities, both within the Supported Learning Department and the wider College. The most common and recommended progression routes are:

• Mainstream Level 1 Introductory Diploma in Vocational Studies for Sport and Uniformed Public Services at Cambridge Campus.
• Entry Level 3 Employability Programme Plus within Supported Learning at either Huntingdon or Cambridge Campus.
• Mainstream college programmes at Level 1 or above.
• External employment supported employment or voluntary work.

Entry requirements

You must have achieved Entry 2 or Entry 3 qualifications to consider this course; students will need to able to work confidently at an Entry 3 Level.

Assessment

To achieve the Gateway Qualifications Entry Level Award or Certificate in Sport, Fitness and Active Leisure (Entry 3), learners will need to complete the required units and successfully gain the credits needed for the qualification. This includes studying units such as Working in Sport and Active Leisure and Taking Part in Sport, as well as building a portfolio of evidence to demonstrate their learning and achievements. Throughout the year, learners are expected to take part in both practical and classroom activities, develop their sport and employability skills, and show progress in English, maths and personal development. By actively engaging in all aspects of the course, learners will be well prepared for progression into further learning, training or employment. The qualification is achieved through successful completion of unit assessments, with no final exam or additional summative assessment required. Assessment methods may include:

- Practical participation and observation
- Worksheets and written assignments
- Question and answer activities
- Discussions and presentations
- Photographic and video evidence
- Witness statements and tutor observations
- Reflective reviews of activities completed
- Portfolio building activities

Finance and Funding

Up To and Including Level 2 Funding

This course is fully funded, free, for learners who are aged 19 and above and earn below £25,000, or below £30,491 and live in the Cambridgeshire and Peterborough Combined Authority area.

Disclaimer

Whilst every effort is made to ensure the information is correct, some details may be subject to change. Cambridge Regional College reserves the right to make amendments to the courses, dates, fees or other details, and to make cancellations or changes if numbers are insufficient.